



# MONTHLY MENU

All locations

CHILD'S NAME \_\_\_\_\_

1

2

3

4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	<b>BREAKFAST</b> • Egg Patty & Bread Slice • Fresh Fruit <b>LUNCH</b> • Salisbury Steak • Bread Slice • Green Beans • Fresh Fruit Mix <b>SNACK</b> • Multigrain Cakes • Whole Fruit	<b>BREAKFAST</b> • French Toast • Fresh Fruit <b>LUNCH</b> • Macaroni & Cheese • Peas • Fresh Fruit Mix • <b>SNACK</b> • Graham Crackers* • Applesauce	<b>BREAKFAST</b> • Pancakes • Fresh Fruit <b>LUNCH</b> • Chicken Fajitas w/Peppers & Onions • Flour Tortilla • Corn • Fresh Fruit Mix <b>SNACK</b> • Yogurt Parfait w/Cereal • Whole Fruit	<b>BREAKFAST</b> • Cereal • Fresh Fruit <b>LUNCH</b> • Cheese Tortellini w/Sauce or Butter • Carrots • Fresh Fruit Mix • <b>SNACK</b> • Hummus & Cucumbers • Whole Fruit	<b>BREAKFAST</b> • Muffins • Fresh Fruit <b>LUNCH</b> • Cheese Pizza • Mixed Vegetables • Fresh Fruit Mix • <b>SNACK</b> • Cheese Cubes & Crackers • Whole Fruit
2	<b>BREAKFAST</b> • French Toast • Fresh Fruit <b>LUNCH</b> • Chicken Tender Wrap • w/ Flour Torilla, Lettuce & Mayo • Peas • Fresh Fruit Mix <b>SNACK</b> • Ranch Dip & Cucumber Slices • Whole Fruit	<b>BREAKFAST</b> • Waffles • Fresh Fruit <b>LUNCH</b> • Grilled Cheese Sandwich • Broccoli • Fresh Fruit Mix • <b>SNACK</b> • Graham Crackers* • Whole Fruit	<b>BREAKFAST</b> • Muffins • Fresh Fruit <b>LUNCH</b> • Potato Pancakes & Ham • Bread Slice • Corn • Fresh Fruit Mix <b>SNACK</b> • Cheese Cubes & Crackers • Whole Fruit	<b>BREAKFAST</b> • Pancakes • Fresh Fruit <b>LUNCH</b> • Turkey & Cheese Wrap • w/Flour Tortilla • Green Beans • Fresh Fruit Mix <b>SNACK</b> • Yogurt Parfait w/Cereal • Whole Fruit	<b>BREAKFAST</b> • Cereal • Fresh Fruit <b>LUNCH</b> • Swedish Meatballs & Bread Slice • Mashed Potatoes • Carrots • Fresh Fruit Mix <b>SNACK</b> • Multigrain Cakes • Applesauce
3	<b>BREAKFAST</b> • Pancakes • Fresh Fruit <b>LUNCH</b> • Ground Beef Lasagna • Mixed Vegetables • Fresh Fruit Mix • <b>SNACK</b> • Cheese Cubes & Crackers • Whole Fruit	<b>BREAKFAST</b> • Egg Patty & Bread Slice • Fresh Fruit <b>LUNCH</b> • Chicken Fajitas w/Peppers & Onions • Flour Tortilla • Carrots • Fresh Fruit Mix <b>SNACK</b> • Yogurt Parfait w/Cereal • Whole Fruit	<b>BREAKFAST</b> • Cereal • Fresh Fruit <b>LUNCH</b> • Breaded Chicken Tenders • Mashed Potatoes • Green Beans • Fresh Fruit Mix <b>SNACK</b> • Hummus & Cucumber Slices • Whole Fruit	<b>BREAKFAST</b> • Muffins • Fresh Fruit <b>LUNCH</b> • Cheese Pizza • Broccoli • Fresh Fruit Mix • <b>SNACK</b> • Graham Crackers* • Applesauce	<b>BREAKFAST</b> • Waffles • Fresh Fruit <b>LUNCH</b> • Grilled Cheese Sandwich • Peas • Fresh Fruit Mix • <b>SNACK</b> • Multigrain Cakes • Whole Fruit
4	<b>BREAKFAST</b> • Cereal • Fresh Fruit <b>LUNCH</b> • Macaroni & Cheese • Broccoli • Fresh Fruit Mix • <b>SNACK</b> • Graham Crackers* • Applesauce	<b>BREAKFAST</b> • Pancakes • Fresh Fruit <b>LUNCH</b> • Wheat Penne w/Sauce or Butter • Meatballs • Mixed Vegetables • Fresh Fruit Mix <b>SNACK</b> • Multigrain Cakes • Whole Fruit	<b>BREAKFAST</b> • Pancakes • Fresh Fruit <b>LUNCH</b> • Turkey & Cheese Sandwich • Corn • Fresh Fruit Mix • <b>SNACK</b> • Yogurt Parfait w/cereal • Whole Fruit	<b>BREAKFAST</b> • Muffins • Fresh Fruit <b>LUNCH</b> • Breaded Chicken Tenders • Bread Slice • Green Beans • Fresh Fruit Mix <b>SNACK</b> • Cheese Cubes & Crackers • Whole Fruit	<b>BREAKFAST</b> • French Toast • Fresh Fruit <b>LUNCH</b> • Cheese Ravioli w/Sauce or Butter • Carrots • Fresh Fruit Mix • <b>SNACK</b> • Ranch Dip & Cucumber Slices • Whole Fruit

\*Honey cannot be served to children under the age of one.

**Healthy Habits Start Here!**

- Food that children like, served with fruits and vegetables.
- Dare to compare - no canned foods at Doodle Bugs!
- Breakfast, lunch, and snacks feature fresh fruit mix or whole fruit - no preservatives here!
- Meals are served with milk. Water is encouraged all day long, as recommended by most dieticians.
- If your child has a dietary restriction, please speak with the Center Director.

My child can be served all menu items.  YES  NO  
 If no, please circle/highlight any menu items above your child can NOT have.

My child can be served birthday cake prepared by Doodle Bugs!  YES  NO

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PARENT SIGNATURE

\_\_\_\_\_  
DATE