



MOLLY'S KITCHEN

Meatball

BEEF PORK SWEDISH IN CREAM SAUCE .5 OZ COOKED FROZEN TRAY

8326308

VMA

4/3.88 LB \$80.75 / CS

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4/3.

Manufacturer: MOLLY'S KITCHEN

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4/3.88 LB

Manufacturer Product #: 623086

Product Description

Overview

These traditional Swedish meatballs from Molly's Kitchen® are made with .5 oz seasoned ground beef and pork meatballs smothered in a rich and creamy gravy featuring sour cream and a splash of burgundy wine. Flash frozen to lock in freshness in oven ready trays this dish is easy to heat up and even easier to serve buffet-style as a side dish or main entree. These meatballs are traditionally served with boiled potatoes lingonberry sauces and lefse but also work served over rice or buttered noodles. A great dish for large groups these Swedish meatballs come in 3.88 lb trays. 4 trays per pack.

Features

- · Made with pork and ground beef
- · Sauce contains real cream and a splash of wine
- · Flash frozen to lock in freshness
- Oven ready packaging
- Traditional Swedish dish
- · Great for feeding large groups
- No MSG
- 4 3.88 lb trays per pack

Benefits

- · On-Trend: Popular international dish
- · Versatile: Great as a dish or main entree
- · Pairs well with a variety of foods from potatoes to noodles
- Labor-Saving: Easy choice for feeding large groups
- · Time-Saving: Easy to heat up and serve in packaging

Ingredients

SWEDISH BRAND MEATBALLS (BEEF, WATER, BREAD CRUMB [UNBLEACHED WHEAT FLOUR, SUGAR, SALT, YEAST], ONIONS, TEXTURED SOY PROTEIN CONCENTRATE [SOY PROTEIN, SOY CARBOHYDRATE, CARAMEL COLOR], CONTAINS LESS THAN 2% OF THE FOLLOWING: SOY PROTEIN CONCENTRATE, SALT, BEEF BASE [COOKED BEEF, YEAST EXTRACT, MALTODEXTRIN, CARAMELIZED SUGAR SYRUP, BEEF TALLOW, BEEF EXTRACT, VEGETABLE JUICE CONCENTRATES, SALT, SUGAR, CORN STARCH, LACTIC ACID, FLAVORINGS], BURGUNDY WINE, FLAVORINGS, CARAMEL COLOR, CANOLA OIL, GARLIC, BUTTER [CREAM, SALT], NUTMEG, SOY LECITHIN), GRAVY (WATER, SOUR CREAM [MILK, CREAM, WHEY, MODIFIED FOOD STARCH, SODIUM PHOSPHATE, GUAR GUM, CARRAGEENAN, CALCIUM SULFATE, LOCUST BEAN GUM, SODIUM CITRATE, CULTURES, NATAMYACIN], MODIFIED CORN STARCH, ONIONS, CONTAINS LESS THAN 2% OF THE FOLLOWING: SOYBEAN OIL, BEEF BASE [COOKED BEEF, YEAST EXTRACT, MALTODEXTRIN, CARAMELIZED SUGAR SYRUP, BEEF TALLOW, BEEF EXTRACT, VEGETABLE JUICE CONCENTRATES, SALT, SUGAR, CORN STARCH, LACTIC ACID, FLAVORING

Product Information

Class: 20 - APPETIZERS, ENTREES, & POTATOES REF & FZN

Category: 151 - ENTREES, REF & FZN

Group: 2485 - MEATBALLS & SAUCE, FROZEN

Manufacture Information

MANUFACTURER :MOLLY'S KITCHEN MANUFACTURER PRODUCT #:623086



Preparation & Cooking

Preparations and Cooking Instructions

For Food Safety and Quality, Follow These Cooking Instructions. Equipment varies. Adjust cooking times as needed. Food may be thawed up to 48 hours under refrigeration prior to cooking. Food must be cooked thoroughly. Internal temperature needs to reach 165 F as measured by a food thermometer. Read and follow these cooking directions. DO NOT REFREEZE. Convection Oven: Preheat oven to 350 F. Dome lid on tray. Place tray on sheet pan; bake. STIR during last 10 minutes. Replace lid. If frozen, bake 50 to 55 minutes. If thawed, bake 30 to 35 minutes. Conventional Oven: Preheat oven to 400 F. Dome lid on tray. Place tray on sheet pan; bake. STIR during last 10 minutes. Replace lid. If frozen, bake 50 to 55 minutes. Replace lid. If frozen, bake 1 hour 15 minutes to 1 hour 20 minutes. If thawed, bake 45 to 50 minutes.

Handling Instructions

KEEP FROZEN

Serving Suggestions:

TRADITIONALLY SERVED WITH BOILED NEW POTATOES, LINGONBERRY SAUCE AND LEFSE. CAN BE SERVED OVER A BED OF COOKED RICE OR BUTTERED NOODLES. GARNISH WITH PARSLEY.

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MOLLY'S KITCHEN 4/3.88 LB \$80.75 / CS Manufacturer: MOLLY'S KITCHEN Manufacturer Product #: 623086

Shipping Information:

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Physical Attribut	tes	Storage Information					
Gross Weight:	17.46 LB	Height:	3.94 IN	Length:	21.94 IN	Min. Temperature:	0 fa
Net Weight:	15.5 LB	Width:	13.38 IN	Cube:	.669 CF	Max. Temperature:	10 fa
Catch Weight:	NO						



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Nutritional Facts

Serving Size	(140g)	
Amount Per Serving		
Calories	190	
	% Daily Value *	
Total Fat 11g	17%	
Saturated Fat 4.5g	23%	
Trans Fat .5g		
Cholesterol 40mg	13%	
Sodium 590mg	25%	
Total Carbohydrate 10g	3%	
Dietary Fiber 2g	8%	
Total Sugars 1g		
Includes 0g Added Sugars	0%	
Protein 12g		
Vitamin A	0%	
Vitamin C	2%	
Calcium	4%	
Iron	8%	

Supplemental Facts

% Daily Value *

None Specified at this time

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. IMPORTANT: Product information, including ingredients, allergens and nutritional information is provided by manufacturers/suppliers, and includes information from the Global Data Synchronization Network (GDSN) and other third party sources such as the United States Department of Agriculture. We know that allergen information is important to many customers, so we are providing product information from the manufacturers/suppliers for the FDAs top allergies), along with other select ingredients. This information may not cover potential cross-contact risks or alternate forms of the allergies). Product formulations are subject to change and nutritional values can vary due to production, seasonal and other changes. Please always review the ingredients, allergens, nutrition information and other product information on the product packaging delivered to your location. US Foods does not assume any legal liability and makes no warranty or guaranty, express or implied, regarding the completeness or accuracy of this information. Product images are provided for reference only and may not reflect current packaging.

Ingredients, Allergens & Nutritional Information