



MONARCH

Vegetable Blend

5 WAY FROZEN BAG

2328276



VMA

12/2.5 LB (\$0.09 / oz)

\$42.04 / CS

All product information contained herein is subject to change, including pricing, promotions and nutritionals. For current information at the time of purchase, please contact your sales associate.



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Manufacturer: MONARCH

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\$42.04 / CS

Manufacturer Product #: 670208

Product Description

Overview

This Vegetable Mix isn't your ordinary blend Monarch's frozen selection features carrots corn peas green beans and baby lima beans. Carefully cleaned cut and trimmed this combination is sure to have color and flavor appeal. Just defrost and serve to taste.

Features

- No Allergens
- No additives or preservatives

Benefits

- Used as a side item or ingredient in multiple applications
- Labour cost savings
- No additives or preservatives
- Practical
- Saves time
- Always at peak quality & freshness
- Constant nutritional value
- No waste
- Traceability
- Versatile

Ingredients

Carrots, Whole Kernel Corn, Green Beans, Peas, Lima Beans

Product Information

Class: 26 - GROCERY, REF & FZN

Category: 222 - VEGETABLES, FZN

Group: 1944 - VEGETABLE BLENDS, FROZEN

Manufacture Information

MANUFACTURER :MONARCH

MANUFACTURER PRODUCT #:670208

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Preparation & Cooking

Preparations and Cooking Instructions

For Food Safety and best quality, cook to a temperature of 165 F or 74 C COOKING INSTRUCTIONS 1. Place a small amount of water in pan and bring to boil. 2. Add frozen vegetables to boiling water and bring to second boil. 3. Cover and cook to desired tenderness. Avoid overcooking for best flavor and color. 4. Season to taste.

Handling Instructions

FOR SAFETY & QUALITY FOLLOW COOKING INSTRUCTIONS KEEP FROZEN UNTIL READY TO COOK DO NOT REFREEZE

Serving Suggestions:

CAN BE USED AS A SIDE DISH OR IN A RECIPE WHERE THIS VEGETABLE BLEND IS REQUIRED

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Customers Also Bought



VANEE
SAUCE, GENERAL TSO PLASTIC
JUG SHELF STABLE
8364383



\$57.43 / CS



DEL PASADO
SALSA, MANGO PEACH MILD
PLASTIC JAR REF PREMIUM
SAUCE
3048866



\$27.33 / CS



HARBOR BANKS
COD, BREADED CRACKERMEAL
4 OZ TAIL RAW FROZEN BAG
WILD MSC 4-DIAMOND
5434555



\$68.18 / CS



DEL MONTE
PEAR, SLICED IN PEAR JUICE
CANNED
2965336

\$82.24 / CS



PEARL MILLING COMPANY
MIX, PANCAKE BUTTERMILK
ADD WATER COMPLETE
2451669

\$40.31 / CS



BAKED RUFFLES
CHIP, POTATO BAKED SOUR
CREAM & CHEDDAR SS BAG
9862467

\$25.35 / CS



CATTLEMAN'S SELECTION
BEEF, PATTY GROUND STEAK
BURGER 3 OZ HOMESTYLE
COOKED FROZEN BULK
9136419



\$79.78 / CS



HARBOR BANKS
SALMON, ATLANTIC 4 OZ
PORTION PBO SKINLESS RAW
FROZEN IVP IMPORTED CHILE
FA
3804154



\$97.88 / CS



PATUXENT FARMS
CHICKEN, CHUNK SEASONED
BREAST MEAT RAISED-W/O-
ANTIBIOTICS COOKED BAG
FROZE
7907068



\$66.64 / CS

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Shipping Information:

Physical Attributes

Gross Weight:	32.5 LB	Height:	8.875 IN	Length:	11.5 IN
Net Weight:	30 LB	Width:	15.375 IN	Cube:	.908 CF
Catch Weight:	NO				

Storage Information

Min. Temperature:	-10 fa
Max. Temperature:	15 fa

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Nutritional Facts

156 Servings Per Container

Serving Size (85g)

Amount Per Serving

Calories 60

	% Daily Value *
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 30mg	1%
Total Carbohydrate 12g	4%
Dietary Fiber 3g	11%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 3g	
Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	4%

Supplemental Facts

	% Daily Value *
Vitamin D 0 mcg	0%
Polyunsaturated Fat 0 g	0%
Monosaturated Fat 0 g	0%
Potassium 170 mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients, Allergens & Nutritional Information

IMPORTANT: Product information, including ingredients, allergens and nutritional information, is provided by manufacturers/suppliers, and includes information from the Global Data Synchronization Network (GDSN) and other third party sources such as the United States Department of Agriculture. We know that allergen information is important to many customers, so we are providing product information from the manufacturers/suppliers for the FDAs top allergens (<https://www.fda.gov/food/food-labeling-nutrition/food-allergies>), along with other select ingredients. This information may not cover potential cross-contact risks or alternate forms of the allergen(s). Product formulations are subject to change and nutritional values can vary due to production, seasonal and other changes. Please always review the ingredients, allergens, nutrition information and other product information on the product packaging delivered to your location. US Foods does not assume any legal liability and makes no warranty or guaranty, express or implied, regarding the completeness or accuracy of this information. Product images are provided for reference only and may not reflect current packaging.

Nutritional Claims

- This product is fat free
- This product has no sugar added
- This product is trans fat free

Marketing Claims

- This product is kosher