



MONARCH

# Bean

GREEN CUT 2-4 SIEVE FANCY IQF FROZEN BAG

# 3328218



VMA

12/2 LB (\$0.08 / oz)

**\$29.65 / CS**

All product information contained herein is subject to change, including pricing, promotions and nutritionals. For current information at the time of purchase, please contact your sales associate.



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Manufacturer: MONARCH

# 3328218

\$29.65 / CS

Manufacturer Product #: 670105

## Product Description

### Overview

Monarch Cut Green Beans grade A are washed cut blanched and flash-frozen immediately after harvesting when their nutrient content is at the highest. It also provides fresh delicious flavor for use as a side dish in soups stews ragout and more. Ready-to-cook with zero waste they're a convenient menu offering that's always popular with diners.

### Features

- No Allergens
- No additives or preservatives

### Benefits

- Labour cost savings
- No additives or preservatives
- Practical
- Long product life
- Saves time / Quick preparation time
- Always at peak quality & freshness
- Constant nutritional value
- Stable pricing
- No waste
- Shelf Life
- Traceability

### Ingredients

Green Beans

### Product Information

**Class:** 26 - GROCERY, REF & FZN

**Category:** 222 - VEGETABLES, FZN

**Group:** 1496 - BEANS, GREEN, FROZEN

### Manufacture Information

MANUFACTURER :MONARCH

MANUFACTURER PRODUCT #:670105

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## Preparation & Cooking

### Preparations and Cooking Instructions

For Food Safety and best quality, cook to a temperature of 165 F or 74 C Cooking Instructions: 1. Place a small amount of water in pan and bring to boil. 2. Add frozen vegetables to boiling water and bring to second boil. 3. Cover and cook to desired tenderness. Avoid overcooking for best flavor and color. 4. Season to taste.

### Handling Instructions

FOR SAFETY & QUALITY FOLLOW COOKING INSTRUCTIONS KEEP FROZEN UNTIL READY TO COOK DO NOT REFREEZE

### Serving Suggestions:

SOUPS, STEWS, RAGOUT, SALADS, PUREE , COUSCOUS , PASTAS

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## Shipping Information:

Physical Attributes					
<b>Gross Weight:</b>	26.65 LB	<b>Height:</b>	8.875 IN	<b>Length:</b>	11.5 IN
<b>Net Weight:</b>	24 LB	<b>Width:</b>	15.375 IN	<b>Cube:</b>	.908 CF
<b>Catch Weight:</b>	NO				

Storage Information	
<b>Min. Temperature:</b>	-10 fa
<b>Max. Temperature:</b>	15 fa

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## Nutritional Facts

132 Servings Per Container

Serving Size (85g)

Amount Per Serving

Calories 25

	% Daily Value *
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 5g	<b>2%</b>
Dietary Fiber 3g	<b>11%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 1g	
Vitamin A	<b>0%</b>
Vitamin C	<b>0%</b>
Calcium	<b>2%</b>
Iron	<b>4%</b>

## Supplemental Facts

	% Daily Value *
Vitamin D 0 iu	<b>0%</b>
Potassium 135 mg	<b>2%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Ingredients, Allergens & Nutritional Information

**IMPORTANT:** Product information, including ingredients, allergens and nutritional information, is provided by manufacturers/suppliers, and includes information from the Global Data Synchronization Network (GDSN) and other third party sources such as the United States Department of Agriculture. We know that allergen information is important to many customers, so we are providing product information from the manufacturers/suppliers for the FDAs top allergens (<https://www.fda.gov/food/food-labeling-nutrition/food-allergies>), along with other select ingredients. This information may not cover potential cross-contact risks or alternate forms of the allergen(s). Product formulations are subject to change and nutritional values can vary due to production, seasonal and other changes. Please always review the ingredients, allergens, nutrition information and other product information on the product packaging delivered to your location. US Foods does not assume any legal liability and makes no warranty or guaranty, express or implied, regarding the completeness or accuracy of this information. Product images are provided for reference only and may not reflect current packaging.

## Nutritional Claims

- This product is fat free
- This product has no sugar added
- This product is trans fat free

## Marketing Claims

- This product is kosher