



MONARCH

Carrot

DICED 3/8" FANCY FROZEN BAG

4328381



VMA

12/2 LB (\$0.07 / oz)

\$24.99 / CS

All product information contained herein is subject to change, including pricing, promotions and nutritionals. For current information at the time of purchase, please contact your sales associate.



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Manufacturer: MONARCH

4328381

\$24.99 / CS

Manufacturer Product #: 670595

Product Description

Overview

A fresh-in-the-field to frozen product our delicious Harvest Value® Diced Carrots are harvested at the peak of flavor. Each Grade A fancy carrot is diced in 3/8 in. pieces frozen and properly stored to lock in all the nutrients and important vitamins. With consistent quality and year-round availability you will never have to worry about being out of stock of this delicious vegetable. Simply boil or steam to prepare and season to taste or menu specifications. Economical and timesaving our diced carrots eliminate waste while providing you a noticeable difference in cost but not in flavor. Keep frozen until ready to cook. Do not refreeze. Twelve 2 lb. bags of carrots per case.

Features

- Fresh-to-frozen diced carrots
- Diced to a 3/8 in. size
- Bright orange color
- Grade A and Fancy quality
- Harvested at the peak of flavor
- Can be used as a side dish or in a recipe where this vegetable is required
- Boil or steam to prepare
- Keep frozen until use
- Do not refreeze
- Twelve 2 lb. bags of carrots per case

Benefits

- Cost-saving: Ready to use diced carrots eliminates waste
- Noticeable savings over using fresh vegetables
- Labor-saving: Already diced into 3/8 in. pieces and picked at the height of ripeness minimizing the labor needed to prepare
- Time-saving: Ready to use—just boil season and serve
- Versatile: Can be used as a side dish or in a recipe where it is required

Ingredients

Carrots

Product Information

Class: 26 - GROCERY, REF & FZN

Category: 222 - VEGETABLES, FZN

Group: 1531 - CARROTS, FROZEN

Manufacture Information

MANUFACTURER :MONARCH

MANUFACTURER PRODUCT #:670595

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Preparation & Cooking

Preparations and Cooking Instructions

COOKING INSTRUCTIONS 1. Place a small amount of water in pan and bring to boil. 2. Add frozen vegetables to boiling water and bring to second boil. 3. Cover and cook to desired tenderness. Avoid overcooking for best flavor and color. 4. Season to taste.

Handling Instructions

FOR SAFETY & QUALITY FOLLOW COOKING INSTRUCTIONS KEEP FROZEN UNTIL READY TO COOK DO NOT REFREEZE

Serving Suggestions:

SERVE AS A SIDE DISH ACCOMPANYING YOUR SIGNATURE CENTER OF THE PLATE RECIPES

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Shipping Information:

Physical Attributes					
Gross Weight:	25.12 LB	Height:	7.875 IN	Length:	11 IN
Net Weight:	24 LB	Width:	16 IN	Cube:	.802 CF
Catch Weight:	NO				

Storage Information	
Min. Temperature:	-10 fa
Max. Temperature:	15 fa

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Nutritional Facts

Servings Per Container

Serving Size (85g)

Amount Per Serving

Calories 30

% Daily Value *

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 60mg 3%

Total Carbohydrate 7g 3%

Dietary Fiber 3g 11%

Total Sugars 4g

Includes 0g Added Sugars 0%

Protein 1g

Vitamin A 0%

Vitamin C 0%

Calcium 2%

Iron 0%

Supplemental Facts

% Daily Value *

Vitamin D 0 iu 0%

Polyunsaturated Fat 0 g 0%

Monosaturated Fat 0 g 0%

Potassium 200 mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients, Allergens & Nutritional Information

IMPORTANT: Product information, including ingredients, allergens and nutritional information, is provided by manufacturers/suppliers, and includes information from the Global Data Synchronization Network (GDSN) and other third party sources such as the United States Department of Agriculture. We know that allergen information is important to many customers, so we are providing product information from the manufacturers/suppliers for the FDAs top allergens (<https://www.fda.gov/food/food-labeling-nutrition/food-allergies>), along with other select ingredients. This information may not cover potential cross-contact risks or alternate forms of the allergen(s). Product formulations are subject to change and nutritional values can vary due to production, seasonal and other changes. Please always review the ingredients, allergens, nutrition information and other product information on the product packaging delivered to your location. US Foods does not assume any legal liability and makes no warranty or guaranty, express or implied, regarding the completeness or accuracy of this information. Product images are provided for reference only and may not reflect current packaging.

Marketing Claims

- This product is kosher