



MONARCH

# Broccoli

CHOPPED GRADE A FROZEN BAG

# 5327713

VMA

12/2.5 LB (\$0.10 / oz)

**\$49.17 / CS**

All product information contained herein is subject to change, including pricing, promotions and nutritionals. For current information at the time of purchase, please contact your sales associate.



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Manufacturer: MONARCH

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Manufacturer Product #: 673089

## Product Description

### Overview

Exceptional menus start with top-notch ingredients that save labor and time just like our Monarch® Chopped Broccoli. A fresh-in-the-field to frozen product our delicious broccoli is grown on farms in Mexico and Guatemala. Harvested at the peak of flavor our Grade A broccoli is chopped into small uniform pieces frozen and properly stored to lock in all the nutrients and important vitamins. This bulk package arrives to your kitchen fully prepared and recipe ready. With consistent quality and year-round availability you will never have to worry about being out of stock of this delicious vegetable. Simply boil or steam to prepare and season to taste or menu specifications. Economical and time saving our chopped broccoli bags eliminate waste while providing you a noticeable difference in cost but not in flavor. Keep frozen until ready to cook. Do not refreeze. Twelve individual 2.5 lb. bags of broccoli per case.

### Features

- Fresh-to-frozen chopped broccoli
- Chopped into small uniform pieces
- Grade A quality
- Grown on farms in Mexico and Guatemala
- Harvested at the peak of flavor
- Can be used as a side dish or in a recipe where broccoli is required
- Boil or steam to prepare
- Keep frozen until use
- Do not refreeze
- Twelve individual 2.5 lb. bags of broccoli per case

### Benefits

- Cost-saving: Ready to use chopped broccoli eliminates waste
- Noticeable savings over using fresh vegetables
- Labor-saving: Already chopped and picked at the height of ripeness minimizing the labor needed to prepare
- Time-saving: Ready to use—just boil season and serve
- Versatile: Can be used as a side dish or in a recipe where it is required

### Ingredients

Broccoli

### Product Information

**Class:** 26 - GROCERY, REF & FZN

**Category:** 222 - VEGETABLES, FZN

**Group:** 1517 - BROCCOLI, FROZEN

### Manufacture Information

MANUFACTURER :MONARCH

MANUFACTURER PRODUCT #:673089

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### Preparation & Cooking

#### Preparations and Cooking Instructions

STEAM OR BOIL.

#### Handling Instructions

FOR SAFETY & QUALITY FOLLOW COOKING INSTRUCTIONSKEEP FROZEN UNTIL READY TO COOK DO NOT REFREEZE

#### Serving Suggestions:

ANY APPLICATION.

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## Customers Also Bought



ROLAND  
SUGAR, RAW CUBE CANE  
DEMERARA  
# 9614403



\$44.52 / CS



HATFIELD  
PORK, LOIN BONELESS BACK-  
STRAP-OFF RAW REF VACUUM-  
PACK 413  
# 7972110

\$2.89 / LB



BARILLA  
PASTA, RIGATONI SHELF  
STABLE  
# 7861867



\$34.35 / CS



BARILLA  
PASTA, PENNE RIGATE SHELF  
STABLE  
# 7841497



\$34.35 / CS



MOLLY'S KITCHEN  
SOUP, CHICKEN TORTILLA NO  
ADDED MSG CONDENSED ADD  
WATER TRAY PACK FROZEN  
# 7896660



\$46.17 / CS



TYSON  
CHICKEN, DRUMSTICK COATED  
40-80 COUNT BONE-IN SKIN-ON  
COOKED FROZEN FAST FI  
# 9149880



\$24.70 / CS



MOLLY'S KITCHEN  
SOUP, CHICKEN DUMPLING  
CONDENSED ADD WATER TRAY  
PACK FROZEN  
# 2098743



\$45.05 / CS



LAMB WESTON  
POTATO, RED WEDGE  
SEASONED SKIN-ON COOKED  
OVEN ROASTED FROZEN  
# 5461392

\$34.60 / CS



WELCH'S  
JELLY, GRAPE SQUEEZE BOTTLE  
SHELF STABLE  
# 9681636



\$45.76 / CS

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## Shipping Information:

Physical Attributes					
<b>Gross Weight:</b>	32.6 LB	<b>Height:</b>	7.75 IN	<b>Length:</b>	19.06 IN
<b>Net Weight:</b>	30 LB	<b>Width:</b>	11 IN	<b>Cube:</b>	.94 CF
<b>Catch Weight:</b>	NO				

Storage Information	
<b>Min. Temperature:</b>	-10 fa
<b>Max. Temperature:</b>	15 fa

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## Nutritional Facts

Servings Per Container

Serving Size (85g)

Amount Per Serving

Calories 25

	% Daily Value *
<b>Total Fat</b> 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 25mg	1%
<b>Total Carbohydrate</b> 5g	2%
Dietary Fiber 4g	14%
Total Sugars 1g	
Includes 0g Added Sugars	0%
<b>Protein</b> 2g	
Vitamin A	0%
Vitamin C	0%
Calcium	4%
Iron	6%

## Supplemental Facts

	% Daily Value *
Vitamin D 0 mcg	0%
Folic Acid 0 dfe	0%
Phosphorus 0 mg	0%
Monosaturated Fat 0 g	0%
Sugar Alcohol 0 g	0%
Biotin 0 mcg	0%
Copper 0 mg	0%
Iodine 0 mcg	0%
Magnesium 0 mg	0%
Niacin 0 mg	0%
Pantothenic Acid 0 mg	0%
Potassium 250 mg	6%
Riboflavin 0 mg	0%
Thiamin 0 mg	0%
Vitamin E 0 mg	0%
Vitamin K 0 mcg	0%
Vitamin B12 0 mcg	0%
Vitamin B6 0 mg	0%
Zinc 0 mg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Ingredients, Allergens & Nutritional Information

**IMPORTANT:** Product information, including ingredients, allergens and nutritional information, is provided by manufacturers/suppliers, and includes information from the Global Data Synchronization Network (GDSN) and other third party sources such as the United States Department of Agriculture. We know that allergen information is important to many customers, so we are providing product information from the manufacturers/suppliers for the FDAs top allergens (<https://www.fda.gov/food/food-labeling-nutrition/food-allergies>), along with other select ingredients. This information may not cover potential cross-contact risks or alternate forms of the allergen(s). Product formulations are subject to change and other changes. Please always review the ingredients, allergens, nutrition information and other product information on the product packaging delivered to your location. US Foods does not assume any legal liability and makes no warranty or guaranty, express or implied, regarding the completeness or accuracy of this information. Product images are provided for reference only and may not reflect current packaging.

## Marketing Claims

- This product is kosher

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